



Staten Island Oral & Maxillofacial Surgery
256-C Mason Avenue, 3rd Floor
Staten Island, New York 10305
T: 718.226.1251

SIOMS Forest Hills
7009 Austin Street, Suite 201
Queens, New York 11375
T: 718.261.2790

BEFORE ANESTHESIA

Surgical Instructions

- You may not have anything to eat or drink (including water) for eight (8) hours prior to the appointment.
- No smoking at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home.
- The patient should not drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.
- Please wear loose fitting clothing with sleeves which can be rolled up past the elbow, and low-heeled shoes.
- Contact lenses, jewelry, and dentures must be removed at the time of surgery.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.
- If you have an illness such as a cold, sore throat, stomach or bowel upset, please notify the office.
- If you take routine oral medications, please check with Drs. Hoffman, Lam, and Yusupov prior to your surgical date for instructions.